

DAILY AFFIRMATIONS

TODAY, I WILL DO MY BEST
EMBRACING LIFE



I deserve to
be loved,
and love
others

EMBRACING LIFE



EMBRACING LIFE

I accept
myself for
who I am

I don't have to
give up my hopes
and dreams

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I am proud
of myself
and will
continue to
strive to do
well

EMBRACING LIFE

I know my worth.

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*I LOVE MY BODY, MY
MIND, MY DREAMS,
AND MY GOALS*

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EMBRACING LIFE INITIATIVE
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